



MISSISQUOI VALLEY RAIL TRAIL

four trails, endless possibilities.

Vermont's Rail Trails are four-season, multi-purpose recreation and transportation corridors that connect historic towns across Vermont. Discover the treasures of the vast Vermont landscape by way of gently rolling, smooth ribbons of gravel pathways. Easy to access, use, and enjoy, Vermont's Rail Trails have something for everyone.



LAMOILLE VALLEY RAIL TRAIL

share the trail

- Pass with care—give warning when passing.
- Keeps pets (dogs, horses) under control and clean up after them.
- Use caution at road crossings.
- Be aware of changing trail conditions.
- Respect landowners along the trail. This is a working landscape; yield to livestock and farm equipment.
- Travel at safe speeds: 35 mph rural, 15 mph village speed limit for snowmobiles.
- Leave no trace, carry out your garbage, and keep our trail clean.

RESPECT OTHER TRAIL USERS



www.railtrails.vermont.gov
 Vermont Agency of Transportation
 219 North Main Street
 Barre, VT 05641



Full photo credits can be found at: www.railtrails.vermont.gov
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MULTI-PURPOSE RECREATION RAIL TRAILS



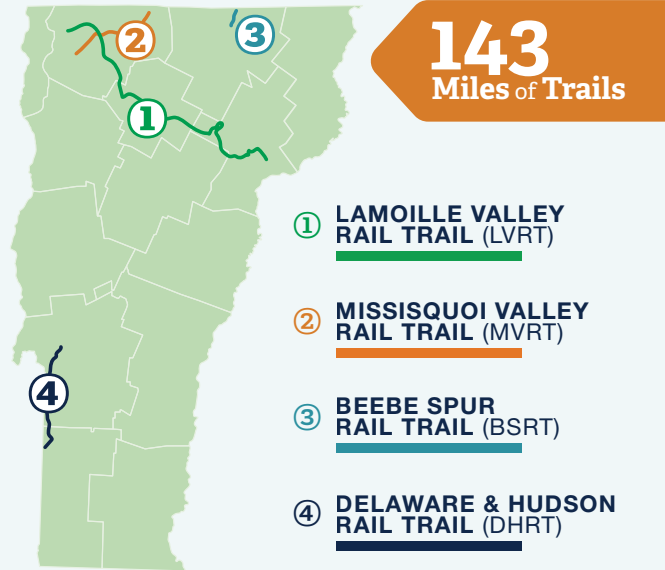
what
moves
you?



Vermont Rail Trails
offer something for
everyone.



LAMOILLE VALLEY RAIL TRAIL



Just Off the Trail

Vermont's Rail Trails offer so much more than just smooth pathways through breathtaking landscapes. Meandering through towns and over historic bridges; past restaurants, cafes, breweries, and food and drink for all ages; there is so much to be discovered along the rail trails.



DELAWARE & HUDSON RAIL TRAIL

① LAMOILLE VALLEY RAIL TRAIL (LVRT)

Ramble Across Northern Vermont

At 93 miles long, the LVRT is the longest rail trail in New England and connects 18 towns from St. Johnsbury to Swanton. The LVRT provides important connections between recreational trails in Vermont and Canada including more regional trail systems like the VAST snowmobile trail network, Long Trail, Catamount Trail, Velomont, and Missisquoi Valley Rail Trail, as well as local trail connectors like Hardwick Trails, Three Rivers Bike Path, and Cambridge Greenway.

TRAIL FACTS

LVRT	LENGTH: 93 miles	DIFFICULTY: Easy	ELEVATION: ≤3%
	SURFACE: Gravel, Dirt	TOWNS: 18	SEASONS: 4 - all

② MISSISQUOI VALLEY RAIL TRAIL (MVRT)

Picture Perfect Setting

With its bucolic setting, quiet river nooks, booming mountain views, and quintessential New England villages, the Missisquoi Valley is one of Vermont's true treasures. The 26.4-mile trail wanders through the villages, farms, forests, fields, and wetlands of Franklin County at a railroad's pace: slow, steady grades with sweeping bends.

TRAIL FACTS

MVRT	LENGTH: 26.4 miles	DIFFICULTY: Easy	ELEVATION: ≤3%
	SURFACE: Gravel, Dirt, Asphalt	TOWNS: 5	SEASONS: 4 - all



MISSISQUOI VALLEY RAIL TRAIL



BEEBE SPUR RAIL TRAIL

③ BEEBE SPUR RAIL TRAIL (BSRT)

Breathtaking Lake Views

The Beebe Spur Rail Trail follows the eastern shore of Lake Memphremagog to the Canadian border. Though only 4 miles, the BSRT reveals spectacular views of Lake Memphremagog and the Green Mountains. Don't forget your passport! Canada is a short 1.5-mile detour from the trail.

TRAIL FACTS

BSRT	LENGTH: 4 miles	DIFFICULTY: Easy	ELEVATION: ≤3%
	SURFACE: Gravel, Dirt	TOWNS: 2	SEASONS: 4 - all

④ DELAWARE & HUDSON RAIL TRAIL (DHRT)

Southern Vermont's Finest

The Delaware & Hudson Rail Trail is 19.8 miles and travels through western Rutland and Bennington counties with a small section in New York. The DHRT offers scenic countryside with views of the nearby hills, villages, farms, fields, and forests, with plenty of opportunities along the route to picnic, fish, and stop at a store for refreshments.

TRAIL FACTS

DHRT	LENGTH: 19.8 miles	DIFFICULTY: Easy	ELEVATION: ≤3%
	SURFACE: Gravel, Dirt	TOWNS: 4	SEASONS: 4 - all