

Did you know over 75% of Vermont's trails are on private land?

# WAYS TO BE A TRAIL STEWARD:

- Pick up your trash and minimize noise on the trail
- Check trail conditions before you go
- Be in control of your bike and yield to other trail users
- · Be respectful of trail users
- Visit local businesses and share your appreciation for the trails



Learn Where to Ride at Trailforks.com



### FIND TRIP IDEAS FOR YOUR NEXT VACATION



Vermont's rural landscapes offer plenty of space to enjoy mountain views and explore lakes, ponds, and trails in any season. Day or night, historic downtowns are waiting to welcome you with fun-to-find treasures, farm-to-table culinary delights, and world-class craft beverages.





## MOUNTAIN BIKING IN VERMONT

Ride from Peak to Valley in the Green Mountains





### **RIDING IN VERMONT**

Where will you ride?



Home to more than 1,000 miles of mountain bike trails!

- Over 60 trail networks to ride at, including 28 VMBA Chapters, Kingdom Trails, and more!
- 100+ miles of adaptive mountain bike accessible riding.
- 4 downhill mountain bike resorts with lift access to a variety of trails.
- Riding for all abilities! Get out on the trails in confidence, whether it is your first ride or you've been riding for years.



**Amenities Nearby** 



**Trail Networks** 



**Downhill Resorts** 



**VMBA Chapter** 



**Ride Center** 



**Adaptive MTB** 



**Winter Fat Bike** 

#### **WHAT IS VMBA?**

Founded in 1997 and is the parent organization to 28 Chapters statewide.















### **OUR MISSION**

Ensure the sustainability of mountain biking in Vermont and thoughtfully promote exceptional riding experiences for all through advocacy, education, and community-driven stewardship.

#### **JOIN TODAY**

Access over 220+ Member Benefits



vmba.org/join